



COLLEGE OF PHYSIOTHERAPY

SRI RAMAKRISHNA INSTITUTE OF PARAMEDICAL SCIENCES

Siddhapudur, Coimbatore - 641 044

Phone: + 91 - 422 - 4500163, 193



We cordially invite you to the workshop on

**"Applied Clinical Assessment & Treatment in Low Back Pain
- An Evidence Based Practice"**

Resource Persons

Dr. V. Prem, PT Ph.D, COMT(Aus)

&

Mr. H. Karvannan, MPT

Department of Physiotherapy
School of Allied Health Sciences,
Manipal Hospital, Manipal University
Bangalore

on 28th and 29th January 2016

Auditorium

Sri Ramakrishna Hospital, Coimbatore

Workshop Fee: ₹ 2500/-
40 Seats Only

Program Coordinators:

B. Sankarmani, Principal

V. S.Seetharaman, Vice Principal

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✉ physiosripms@gmail.com



Program Schedule

Day 1

- 09.00 - 09.45 - Anatomy
- 09.45 - 10.30 - Introduction to Manual therapy
- 10.30 - 10.45 - Break
- 10.45 - 12.00 - History taking & Low back pain classification
- 12.00 - 01.00 - Observation
- 01.00 - 02.00 - lunch
- 02.00 - 03.30 - Active movement & combined movement
- 03.30 - 03.45 - Break
- 03.45 - 05.00 - Passive physiological & accessory movement

Day 2

- 09.00 - 10.30 - Specific exercise & traction
- 10.30 - 10.45 - break
- 10.45 - 12.30 - Lumbar mobilization
- 12.30 - 01.00 - Motor control assessment and management
- 01.00 - 02.00 - Lunch
- 02.00 - 03.30 - (Continuation) Motor control assessment and management
- 03.30 - 03.45 - Sacroiliac joint (Objective, Pain provocation test, active SLR)
- 03.45 - 04.00 - Break
- 04.00 - 05.00 - Introduction to Myofascial pain syndrome

